VADEMECUM
ENTWICKLUNG ERLEBEN

Accompaniment of the development of children in early age (0-30 +)

Information for parents and other caregivers

The VADEMECUM is an observation process where **parents and professionals together can accompany the development of a child.** With this instrument everyone concerned can come closer to the improvements in the development of the child, more consciously experience them and recognize his strengths and where he needs more support.

As time goes on, parents are very aware of what is important and right for their child. By his behavior they recognize whether he feels well or not and try to give him what he needs. Even so, there always moments of insecurity: Is our child developing well? Does he need more support for his ideal development?

To classify these questions, it is important to **document the observation of the child.** As parents, you share your daily life with the child and therefore know him best. So, you should be involved in this process on an equal basis.
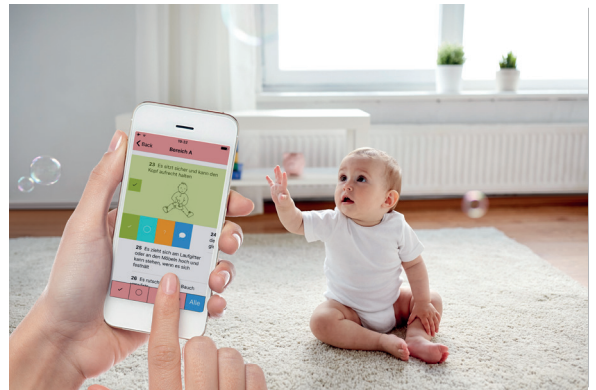
The VADEMECUM offers an **overall view of the physical, linguistic and social development of the child** from birth to approximately the fourth year.

The **manual** (or the **app**) consists of five lists with many **observation points** and a summary table to note the points achieved. The observation points correspond to the state of the child's development and can be easily observed in daily life.
In the final schedule you cross all the points that the child has yet achieved. The app also offers the possibility to add **notes**, **questions** and **pictures** onto each point.

Finally, you return the completed documents to the professional. He or she, using the analysis key, gives a primary evaluation. During the following discussion, but mainly through sporadic observations, the child's course of development can be charted, support provided if needed and the results can be checked.

The principle always applies: As parents you should not feel alone when you are concerned about the child's development.

The VADEMECUM app for iPhone and Android

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14	He turns a toy between his hands and moves it from one hand to the other.
15	He can hold a toy simultaneously in each hand.
16	When the child is holding one toy and is offered another, he will drop the first one.
17	He discovers that he can bang two toys together and tries this out.
18	He stretches his arms out for objects he wishes to hold, but which are out of reach.

Example of observation points

A	B	C	D	E
1	1	1	1	1
2	2	2	2	2
3	3	3		3
4	4	4		4
5	5	5		5
6	6	6		
7	7			
8	8			
9	9	7	3	6
10	8	4	7
11	10	9	5	8
		10		9
				10
12	11	11	6	11
13	12			12
14	13	12	7	
15	14	13	8	13
	15			14
	16		9	
	17			

Manual and summary table

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